

East Lake Eagle RAYS - Summer 2018

Orange County Swim Conference (OCSC)

What is OCSC? The Orange County Swim Conference (OCSC) is a summer league that RAYS participates in each year. The purpose of OCSC is to offer a variety of different types of meets, to meet the needs of all level of swimmers, while bringing all RAYS swimmers together, and working as a united team. Along with the RAYS, there are 10 other teams throughout Orange County that also participate.

Which RAYS Swimmers Should Participate? All RAYS swimmers, (excluding DP1 and DP2), are strongly encourage to participate. You are not required to participate in all the events. Simply sign up for the ones you want to participate in.

Where are the meet held? All the swim meets referred to in this document will be held at Valencia High School, hosted by STOP, with the exception of one practice meet held at the Brea Glenbrook pool.

What does it cost to participate? All swimmers who participate in OCSC must be registered with the conference. Registration is \$30 per swimmer. This allows swimmers to participate in all practice meets and OCSC Finals.

Why Participate? Mostly, because the events are fun. But also, OCSC meets are the only opportunity for all of our swimmers, at all levels, to compete as a single team, at the same meet. For the beginning swimmers that has never participated in a meet before, OCSC will offer “practice meets” to introduce the swim meet experience in a non stressful, non threatening way. For the advanced swimmers, it provides an opportunity to showcase their talents and a fun, recreational way.

What are Practice Meets? Practice Meets are swim meets that will be held during the week, during our normal practice time. I invite 1 or 2 other OCSC teams from the area to come to our pool, to have a swim meet. Meets generally run 5:00 – 7:00. Swimmers sign up to participate, and coaches enter them into their events. Swimmers get place ribbons and times for their participation. We have schedule 3 Practice Meets.

What is the OCSC Invitational? The OCSC Invitational is a sanctioned swim meet in which all the teams in the conference are allowed to participate. Swimmers earn ribbons based on total place earned in each event. Coaches will pick events, however, swimmers may request specific events. Additional fee of \$25 per swimmer is required to participate in this sanctioned meet.

What is the OCSC Pentathlon? The OCSC Pentathlon is a unique event. At this meet, swimmers must sign up to participate in all 5 strokes. Then, based on their total achieved time (score), swimmers are awarded medals based on their final ranking. Teams are also awarded based on total team scores. Additional fee of \$30 per swimmer is required to participate in this sanctioned meet.

What is OCSC Regional Finals? OCSC Regional Finals is the “championship meet” for the teams in the North Region of OCSC (BGST, RAYS, STOP, SWRD, TD). Top 8 Swimmers are awarded, as well as the Region Team Champion. This meet is included with your registration; no additional fees. Events are picked by the coaches. All swimmers who participate in OCSC Finals will receive a trophy at the OCSC Pool Party in August.

What is OCSC Championships? OCSC Championships is the “championship meet” for the entire conference. All the results from Regional Finals (North & South) are combined. The top 8 swimmers in each event are invited to participate in the Championships. Swimmers earn final places for medals, and final team scores.

What is the difference between a Sanctioned Meet vs a meet that is not Sanctioned? Sanctioned meets are meets that adhere to specific guidelines to enable the times achieved, to be valid times to be used in future SCS swim meets. For OCSC, times achieved

at practice meets cannot be used in SCS meets. However, times achieved in the OCSC Pentathlon, OCSC Invite, Finals and Champs can be used to enter / qualify for participate in SCS meets.

Summary of Schedule

	Date of Meet	Entry / Signup Deadline	Additional Fees Required	Where is Meet Held	Who is Awarded	Type of Awards	Sanctioned
Practice Meet #1	Thursday June 28 th	Friday June 22 nd	No	Valencia HS Host: STOP	All Legal Swims	Ribbons	No
OCSC Invitational	Saturday June 30 th	Friday June 15 th	Yes - \$25 per swimmer	Valencia HS Host: STOP	Top 8 for each age	Ribbons	Yes
Practice Meet #2	Tuesday July 10 th	Friday July 6 th	No	Brea Glenbrook	All Legal Swims	Ribbons	No
OCSC Pentathlon	Saturday July 14 th	Friday June 29 th	Yes - \$30 per swimmer	Valencia HS Host: STOP	Top 8 for each age	Medals	Yes
Practice Meet #3	Wednesday July 18 th	Friday July 13 th	No	Valencia HS Host: STOP	Top 8 for each age	Ribbons	No
OCSC Finals & Champs	Saturday July 28 th	Friday July 13 th	No	Valencia HS Host: STOP	Top 8 for each age	Medals / Trophies	Yes

How do I Register to Participate in OCSC? - 3 STEPS

Step 1: If you do not already have a STOP Account, then you need to create one. If you have a STOP Account, move to To Create a STOP Account:

Go to: www.swimteamofplacentia.org

- Select "Start Registration"
- Select "Continue or Check Status"
- Select "Create New Account"
- Enter a "Email Address" which will become your Email to Log in Later, and your Date of Birth
- Create a Password & Enter your (not swimmers) Billing Information, select "Continue"
- Add Your Swimmers
- Select the Required Boxes, then press "Continue"
- This will take you to a summary page, select "Submit Registration"

It does not cost you anything to register. Registration will only take a minute. After you submit your registration, I will activate your account within 24 hours and notify you. Then you can go to STEP 2

Step 2: Declare your intent to participate.

- Log onto the STOP website
- Select OCSC Registration under the EVENTS Section of the website
- Select Edit Commitment
- Select "Yes, I want to Participate".
- Select "Save Changes."

Do this for each swimmer. YOU ONLY HAVE TO DO STEP 2 ONCE PER SWIMMER. A one time \$30 per swimmer charge will be added to your account. This process does not sign you up for the swim meets. Last day to Register is Friday is Friday, July 13th. Swimmers cannot participate in OCSC Events until they are registered.

Step 3: Signing up for Specific Meets. Using the same process above, select the meet you want to participate in, then select that you want to participate. YOU MUST DO THIS FOR EACH MEET YOU WANT TO PARTICPATE IN. Swimmers will be placed into their specific events by the coaches. However, you can use the "Notes" section when you declare to participate to ask for specific events.

What is my parent involvement at the meets? Families with participating athletes will be required to help run the meet in some form. For most meets, this will usually require about 30 minutes of timing for each family.